

# Fidget Tools Policy

Ready, Respectful, Safe

Date Approved: July 2025

### 1. Rationale

At King David Primary School, we recognise that some pupils may benefit from the use of fidget tools (also known as fiddle toys or concentration aids) to support focus, self-regulation, and inclusion in the classroom. This policy sets out how and when fidget tools may be used to ensure they serve as learning aids without causing distraction.

### 2. Aims

- To enable pupils who need fidget tools for educational or medical reasons to use them effectively
- To minimise disruption and maintain a positive learning environment for all pupils
- To ensure fair and consistent application of this policy across the school

### 3. Definition

Fidget tools are small, handheld items designed to occupy pupils' hands and help them focus. Examples include:







## 4. Guidelines for Use

- Fidget tools are **only permitted** for pupils with a documented need (Eg. As recommended in an Assess, Plan Do, Review document (APDR) or by an educational psychologist/medical professional).
- The type of fidget tool used will be agreed upon between the pupil, parents/carers, and the class teacher.
- Fidget tools must be small, quiet, and not visually distracting.
- They are to be used as a tool for concentration, not as a toy for playtime or social interaction.
- Fidget tools are for individual use and must not be shared between pupils.

# 5. Use in Classrooms

- Teachers will remind pupils that fidget tools should not distract others.
- If a fidget tool becomes a distraction (e.g., is thrown, used to make noise, or used during inappropriate times), the teacher may withdraw its use and discuss alternative strategies with the pupil and parents/carers.
- Fidget tools are not permitted during practical lessons (e.g., PE, science experiments) unless agreed by the teacher for a specific purpose.
- Teachers will have sensory boxes in their classroom that may also contain fidget tools that may be used to self-regulate or meet other sensory needs when appropriate.

# 6. Communication

This policy will be shared with all staff, and parents/carers. It will be available on the school website and included in the staff handbook.

7. Review - This policy will be reviewed annually alongside the SEND information report.